

Carers Strategy Implementation Plan - June 2012		
Cheshire East Carers Interagency Group		
Interagency partners:		
Cheshire East Council Central and Eastern Cheshire PCT Cheshire and Wirral Partnership NHS Foundation Trust Job Centre Plus Cheshire East Carers Reference Group Alzheimer's Society Cheshire Carers Centre Crossroads Care Cheshire East, Manchester and Tameside Making Space Neuromuscular Centre St Luke's Hospice	Green =	on track - milestones on time and supporting carers
	Amber =	The workstream has commenced but not been realised to fully support carers or milestone completed but not on time
	Red =	There is significant risk that milestones will not be reached
	Blue=	Plans for future activity - not yet started
Outcome 1. Carers will be helped to identify themselves in their caring role, and be treated as expert care partners		
Related National Carers Strategy 2008 outcomes	Actions / gaps identified	Progress
• Carers will be respected as expert care partners	Embedded within working practice of all staff, senior managers and leaders	
• Carers will be treated with dignity	Embedded within working practice of all staff, senior managers and leaders	
Related National Carers Strategy Refresh 2010 outcomes	Actions / gaps identified	
• Supporting those with caring responsibilities to identify themselves at an early stage, recognising the value of their contribution	Services Currently support carers and through advice and information assist carers to identify themselves	
Activities supporting Outcome 1	Updates	Progress
• <b>Carer Support Service – Primary Care - Making Space (PCT funded)</b> Support, information & advice for carers in primary care	Project Commenced awaiting update	
• <b>Dementia Adviser project - Alzheimer's Society (PCT funded)</b> Direct support for people with dementia and their carers as soon as possible after diagnosis.	Project Commenced awaiting update	
• <b>Carer needs assessments review - Cheshire East Council</b> A project to look at the carers needs assessment process and documentation to make sure it is meaningful with concrete outcomes identified.	This project group has been formed and is reviewing current assessment process and will be making recommendations for system changes	
• <b>Communication with customers - CE Council</b> To ensure that relevant and up-to-date information on Adult Services is available to customers of Cheshire East Council and their carers.	All service areas are informed of the requirement to maintain up to date information for all citizens of Cheshire east	
Outcome 2. There will be access to a range of advice, health checks, support and information in easily accessible formats, and the opportunity to plan for the future		
Related National Carers Strategy 2008 outcomes	Actions / gaps identified	Progress
• Carers will be supported so that they are not forced into financial hardship by their caring role	Strategically Commissioned providers signposting and monitoring carers to this outcome through contract.	
• Carers will be supported to stay mentally and physically well	Strategically Commissioned providers signposting and monitoring carers to this outcome through contract.	
Related National Carers Strategy Refresh 2010 outcomes	Actions / gaps identified	
Supporting carers to remain mentally and physically well	Review of services available and information required for carers	
Activities supporting Outcome 2	Updates	Progress
• <b>Looking After Me Courses - PCT</b>	Project Commenced awaiting update	
• <b>Carers' health checks - PCT</b>	Project Commenced awaiting update	
• <b>Caring &amp; Coping courses - Alzheimer's Society - Council funded</b> Courses which provide specialist information and support to carers of people with any type of dementia.	On Track ,delivering and awaiting update through contract monitoring returns	
• <b>Caring at Home - Cheshire Carers Centre - Council funded</b> An 8 Week course for all carers looking at key aspects of caring for someone at home	On Track ,delivering and awaiting update through contract monitoring returns	
• <b>Carer Breaks - Cheshire Carers Centre</b> The Carers Breaks Fund funds up to £180 towards the cost of a break and can be applied for once per year per carer	On Track ,delivering and awaiting update through contract monitoring returns	

<ul style="list-style-type: none"> <li>• <b>Relaxation vouchers - Cheshire Carers Centre (Council funded)</b> Carers can apply for a voucher to be used at Colleges across Cheshire for relaxation type treatments.</li> </ul>	On Track ,delivering and awaiting update through contract monitoring returns	
<ul style="list-style-type: none"> <li>• <b>Carers Centre Counselling - Cheshire Carers Centre</b> A small number of qualified and BACP accredited volunteer counsellors offer free and confidential sessions for carers within the Crewe office.</li> </ul>	On Track ,delivering and awaiting update through contract monitoring returns	
<ul style="list-style-type: none"> <li>• <b>Carer Support Services – Adults &amp; Older People - Making Space - Council funded</b> Support, information &amp; advice for carers of people affected by mental health conditions</li> </ul>	On Track ,delivering and awaiting update through contract monitoring returns	
<ul style="list-style-type: none"> <li>• <b>Educational Workshops - Making Space - Council funded</b> To offer carers of people affected by mental health conditions opportunities to have training/education around all aspects of their caring role.</li> </ul>	On Track ,delivering and awaiting update through contract monitoring returns	
<ul style="list-style-type: none"> <li>• <b>Volunteer befriending/ peer support group - Alzheimer's Society</b> To provide range of support and activity groups for carers or carers and people with dementia</li> </ul>	On Track ,delivering and awaiting update through contract monitoring returns	
<ul style="list-style-type: none"> <li>• <b>Cheshire East Carers Helpline - Cheshire Carers Centre - Council funded</b> A freephone helpline providing a single point for information, advice and support for carers across Cheshire.</li> </ul>	On Track ,delivering and awaiting update through contract monitoring returns	
<ul style="list-style-type: none"> <li>• <b>Drop-ins,home visits,outreach - Cheshire Carers Centre - council funded</b> Face to face information, advice and support to help carers to find their way through the complexity of health and social care systems</li> </ul>	On Track ,delivering and awaiting update through contract monitoring returns	
<ul style="list-style-type: none"> <li>• <b>Caring with Confidence Course - Cheshire Carers Centre - PCT funded</b> A 7 week course to help carers to develop knowledge and skills to continue to care with confidence.</li> </ul>	On Track ,delivering and awaiting update through contract monitoring returns	
<ul style="list-style-type: none"> <li>• <b>What on earth are personal budgets course - Cheshire Carers Centre</b> To provide carers with information and to dispel myths around personalisation and personal budgets</li> </ul>	On Track ,delivering and awaiting update through contract monitoring returns	
<ul style="list-style-type: none"> <li>• <b>Annual Carers Day - Cheshire Carers Centre - Council funded</b> Bringing together a large number of carers for information, mutual support and to have a short break from caring whilst taking part in interest sessions.</li> </ul>	On Track ,delivering and awaiting update through contract monitoring returns	
<ul style="list-style-type: none"> <li>• <b>Annual information / health day - Carers Interagency Group</b> An event to raise awareness of carers in Cheshire East</li> </ul>	Currently scoping	
<ul style="list-style-type: none"> <li>• <b>Volunteer Befriending and Peer Support - Crossroads Care CEMT</b> Offering carers the chance to meet with a peer group, discuss relevant issues and form supportive friendships and support networks.</li> </ul>	On Track ,delivering and awaiting update through contract monitoring returns	
<b>Outcome 3. Flexible, affordable and personalised services will be available to all carers at times which suit them</b>		
<b>Related National Carers Strategy 2008 outcomes</b>	<b>Actions / gaps identified</b>	<b>Progress</b>
<ul style="list-style-type: none"> <li>• Carers will have access to integrated and personalised services they need to support them in their caring role.</li> </ul>	Further work is required to scope out with carers personalised service provision	
<b>Related National Carers Strategy Refresh 2010 outcomes</b>	<b>Actions / gaps identified</b>	
<ul style="list-style-type: none"> <li>• Personalised support for both carers and those they support, enabling them to have a family and community life</li> </ul>	Further work is required to scope out with carers personalised service provision	
<b>Activities supporting Outcome 3</b>	<b>Updates</b>	<b>Progress</b>
<ul style="list-style-type: none"> <li>• Carers Fund - Cheshire Carers Centre - Council funded</li> </ul>	On Track ,delivering and awaiting update through contract monitoring returns	
<ul style="list-style-type: none"> <li>• Personal budgets pilot - Cheshire Carers Centre</li> </ul>	On Track ,delivering and awaiting update through contract monitoring returns and project evaluation in september 2012	
<ul style="list-style-type: none"> <li>• <b>Carer Break service – Adults &amp; Older Persons - Making Space - Council funded</b> Tailored respite opportunities for carers of people affected by mental health conditions</li> </ul>	On Track ,delivering and awaiting update through contract monitoring returns	
<ul style="list-style-type: none"> <li>• <b>Young Carers Fund - Cheshire Carers Centre - PCT funded</b></li> </ul>	To be evaluated by Sue McDowell	
<ul style="list-style-type: none"> <li>• <b>Crossroads carer breaks - Crossroads Care CEMT - Council funded</b></li> </ul>	On Track ,delivering and awaiting update through contract monitoring returns	
<ul style="list-style-type: none"> <li>• <b>Take A Break, CAMEO, Carers Support Group, Parent Carer Support Group - Crossroads Care CEMT - Council funded</b> Carer breaks facilitated through group care support</li> </ul>	On Track ,delivering and awaiting update through contract monitoring returns	
<ul style="list-style-type: none"> <li>• <b>Carers Emergency Response Service - Crossroads Care CEMT - Council funded</b> A quick response emergency service which provides support to carers in the event of an emergency occurring</li> </ul>	On Track ,delivering and awaiting update through contract monitoring returns	

Outcome 4. Learning and personal development opportunities will be available to all carers		
Related National Carers Strategy 2008 outcomes	Actions / gaps identified	Progress
• Carers will be able to have a life of their own alongside the caring role	Further work is required to scope out with carers personalised service provision	
Related National Carers Strategy Refresh 2010 outcomes	Actions / gaps identified	Progress
Enabling those with caring responsibilities to fulfil their educational and employment potential	Further work is required to scope out with carers personalised service provision in relation to education and employment	
Activities supporting Outcome 4	Updates	Progress
• <b>Learning Opportunities Fund - Cheshire Carers Centre - Council funded</b>	Project Commenced awaiting update	
• <b>Carer Development Service - Making Space - Council funded</b> To support Carers of people affected by Mental Health conditions to access employment, training and education, and help with job retention	On Track, delivering and awaiting update through contract monitoring returns	
• <b>Carers in Employment project - Crossroads Care CEMT</b>	Project Commenced awaiting update	
• <b>Job Centre Plus Carers' Offer - Job Centre +</b>	Project Commenced awaiting update	
Outcome 5. A whole family approach will address the needs of young carers and parent carers		
Related National Carers Strategy 2008 outcomes	Actions / gaps identified	Progress
Children and young people will be protected from inappropriate caring and have the support they need to learn, develop and thrive, to enjoy positive childhoods and to achieve against the 'Every Child Matters' outcomes.	Project Commenced awaiting update	
Activities supporting Outcome 5	Updates	Progress
• <b>Crossroads Care Cheshire East Young Carers Project - Crossroads Care CEMT - Council funded</b> Regular group sessions, one to one support, advocacy, advice and information sessions and social activities for young carers up to the age of 19	Project Commenced awaiting update	
• <b>Young Carers Fund and Young Carers Celebration Event - Cheshire Carers Centre - PCT funded</b>	Project Commenced awaiting update	
• <b>Young Carers Supported to Achieve Future Excellence (SAFE) - Working with schools - Crossroads Care CEMT</b> to increase awareness and understanding of young carers issues in the school environment, removing stigma and reducing isolation and bullying	Project Commenced awaiting update	
• <b>Sibling Carers Workshops - focussed support for sibling carers - Crossroads Care CEMT</b> A 10 week workshop programme for siblings of disabled children.	Project Commenced awaiting update	
• <b>Parent carer support group - Crossroads Care CEMT</b> Offers parent carers of a disabled child the opportunity to meet up with a peer group, discuss issues and form supportive friendships and support networks	Project Commenced awaiting update	
• <b>The Fun Club - Crossroads Care CEMT</b> Activity sessions for disabled children - this service also facilitates short breaks for parent carers	Project Commenced awaiting update	
• <b>Home based short breaks service for parent carers - Crossroads Care CEMT</b> This service places a member of staff in the home allowing parent carers to have a break.	Project Commenced awaiting update	
• <b>Aspergers Social Skills Programme for children and teenagers - Crossroads Care CEMT</b> This service facilitates short breaks for parent carers of children with Aspergers Syndrome	Project Commenced awaiting update	
Outcome 6. Awareness of carers' issues and needs will be developed so that carers are supported, respected and fully involved		
Related National Carers Strategy Refresh 2010 outcomes	Actions / gaps identified	Progress
Carers will be involved from the outset both in designing local care provision and in planning individual care packages.	Scoping	

Activities supporting Outcome 6	Updates	Progress
• Dementia Adviser Service - Alzheimer's Society	Project Commenced awaiting update	
Carer Break Service – Primary Care - Making Space - PCT funded	Project Commenced awaiting update	
• Carer Awareness Training Sessions - Carers Interagency	Being scoped	
• Carers Reference Group - Carers Reference Group	Project Commenced awaiting update	
Carers Reference Group - Crossroads Care CEMT	Project Commenced awaiting update	
Young Carers Reference Group - Crossroads Care CEMT	Project Commenced awaiting update	
• Cheshire Carers Centre carers group - Cheshire Carers Centre	Project Commenced awaiting update	
• Carer Link training for professionals - Making Space	Project Commenced awaiting update	
• Work with GP Commissioners - PCT, Cheshire East Council	Project Commenced awaiting update	